



Pickett Community Center Menu



* Menus are subject to change without notice, depending on food availability. *

Monday	Tuesday	Wednesday	Thursday	Friday
 ADVOCAP Helping People Help Themselves Nutrition Program 725-2791 For Information or meal reservations call by 12:30pm a day in advance			1	2
 Happy Halloween			FROZEN Beef Stew w/Carrots, Potatoes, Green Beans Biscuit Grape Juice Mixed Fruit	Garlic/Honey Pork Chop Oven Browned Potatoes Carrots Peaches
5	6	7	8	9
Italian Ground Beef Casserole Romaine/Spinach Salad w/Tomato & Cucumber Tropical Fruit Garlic Bread	FROZEN Country Sausage / Gravy Biscuit Carrots Hot Apple Bake Banana	Chicken Supreme Baked Potato Beets Pears	FROZEN Swiss Steak Mashed Potatoes Peas/Corn Fresh Fruit Cup	Taco Casserole w/Pasta Refried Beans Shredded Lettuce Diced Tomatoes Sour Cream Peaches
12	13	14	15	16
Brat German Potato Salad Saucy Baked Beans Banana	FROZEN Tarragon Chicken Baby Red Potatoes Green Beans Applesauce	Ham Slice Baked Beans Broccoli Tropical Fruit	FROZEN Salisbury Steak Mashed Potatoes Carrots Pears	Baked Haddock Baked Sweet Potato Peas & Mushrooms Fruit Cup Dinner Roll
19	20	21	22	23
Meatloaf Scalloped Potatoes Squash Mandarin Oranges	FROZEN Tater Tot Casserole w/Mixed Vegetables Candied Carrots Mixed Fruit Cup	Hot Dog Potato Salad Baked Beans Fresh Apple	FROZEN Roast Beef Mashed Potatoes Broccoli Diced Peaches	Cr Chicken Soup w/Celery, Carrots & Onions Romaine/Spinach Salad Fruited Jell-O
26	27	28	29	30
Spaghetti & Meat Sauce Corn w/Red Peppers & Black Beans Fresh Orange Garlic Bread	FROZEN Chicken Breast Sandwich Baked Beans Coleslaw Tropical Fruit	Pork Chop Suey Broccoli/Cauliflower Brown Rice Pineapple Tidbits	FROZEN Smothered Steak Mashed Potatoes Peas/Corn Fruited Jell-O	Tuna Salad Sandwich Romaine/Spinach Salad w/Tomato & Cucumber Fresh Carrots w/Dip Mandarin Oranges

WinnebagoCounty

Weekend Meals

October 2026

October 3rd

Chef's Choice

Accompaniments: Assorted Breads (2), Butter (2), 1% Milk (2), Fresh Orange and Dessert

October 4th

Chicken Pot Pie with a Biscuit
Diced Carrots
Mixed Fruit Compote

October 10th

Pollock Strips
Parslied Potatoes
Mixed Vegetables

Accompaniments: Assorted Breads (2), Butter (2), 1% Milk (2), Fresh Apple and Dessert

October 11th

Kansas City BBQ Riblet
Mached Sweet Potatoes
Baked Beans

October 17th

Beef Patty with Mushroom Gravy
Garlic Mashed Potatoes
Capri Vegetables

Accompaniments: Assorted Breads (2), Butter (2), 1% Milk (2), Fresh Orange and Dessert

October 18th

BBQ Chicken Breast
Mac and Cheese
Cinnamon Apples

October 24th

Sweet and Sour Chicken
Broccoli
Diced Carrots

Accompaniments: Assorted Breads (2), Butter (2), 1% Milk (2), Fresh Apple and Dessert

October 25th

Salisbury Steak with Gravy
Rice Pilaf
Diced Beets



Nutrition Program

725-2791

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