

Monday
Tuesday
Wednesday
Thursday
Friday

	 - Due to National Supply Issues - Menus are Subject to Change.		¹ Salisbury Steak with Gravy Stewed Tomatoes Creamed Spinach Cinnamon Pears Whole Grain Animal Crackers	² BBQ Pulled Pork Wheat Bun Mixed Vegetables Sweet and Sour Red Cabbage Sunshine Fruit Chocolate Chip Pecan Bar
⁵ All Beef Hot Dog Wheat Bun Baked Beans Broccoli Bacon Salad Pear Crumble	⁶ Diced Chicken with Gravy Mashed Potatoes Green Beans Diced Peaches Wheat Dinner Roll Coffee Cake	⁷ Ham Salad Wheat Bun Diced Beets Buttered Corn Warm Apple Crisp	⁸ Penne Pasta with Meat Sauce Italian Blend Vegetables Diced Carrots Pineapple Tidbits Oreo Cookies	⁹ Honey Mustard Chicken Breast Mashed Sweet Potatoes Peas Breadstick Tropical Fruit Lemon Pudding
¹² Hawaiian BBQ Meatballs Steamed Broccoli Macaroni Salad Warm Glazed Pineapple Orange Juice	¹³ Cheese Omelet Breakfast Potatoes Warm Applesauce String Cheese Fresh Orange Muffin	¹⁴ Homemade Mac and Cheese Stewed Tomatoes Green Beans Peaches Strawberry Yogurt with Granola	¹⁵ Swiss Steak in Tomato Gravy Parslied Potatoes Diced Carrots Mixed Fruit Wheat Bread Chocolate Pudding	¹⁶ Turkey in Gravy Mashed Potatoes Baked Beans Pears Wheat Dinner Roll Ambrosia
¹⁹ Cranberry Pecan Chicken Salad Wheat Bun Green Beans Broccoli Cinnamon Applesauce	²⁰ Ketchup Meatloaf Mashed Potatoes Capri Vegetables Diced Peaches Wheat Bread Chocolate Applesauce Cake	²¹ Cheeseburger Wheat Bun Au Gratin Potatoes Dilled Carrots Fruit Cocktail Pumpkin Fluff	²² Grilled Chicken Breast Maple Roasted Sweet Potatoes Mixed Vegetables Pears Wheat Dinner Roll Chocolate Chip Cookie	²³ Chili Mac Casserole Corn Three Bean Salad Cottage Cheese Apples with Granola
²⁶ Sloppy Joe Wheat Bun Cheesy Cauliflower Diced Carrots Fruit Cocktail Blondie Brownie	²⁷ Kansas City BBQ Riblet Glazed Yams Mixed Vegetables Pineapple Cornbread Banana Pudding	²⁸ Lemon Pesto Chicken Creamed Spinach Herbed Potatoes Tropical Fruit Wheat Dinner Roll Rice Krispie Treat	²⁹ Bratwurst Wheat Bun Sauerkraut Baked Beans Potato Salad Cold Spiced Peaches	³⁰ Italian Goulash Green Beans with Red Peppers Corn Apple Slices Halloween Cookie

WinnebagoCounty

Weekend Meals

October 2026

October 3rd

Chef's Choice

October 4th

Chicken Pot Pie with a Biscuit
Diced Carrots
Mixed Fruit Compote

Accompaniments: Assorted Breads (2), Butter (2), 1% Milk (2), Fresh Orange and Dessert

October 10th

Pollock Strips
Parslied Potatoes
Mixed Vegetables

October 11th

Kansas City BBQ Riblet
Mached Sweet Potatoes
Baked Beans

Accompaniments: Assorted Breads (2), Butter (2), 1% Milk (2), Fresh Apple and Dessert

October 17th

Beef Patty with Mushroom Gravy
Garlic Mashed Potatoes
Capri Vegetables

October 18th

BBQ Chicken Breast
Mac and Cheese
Cinnamon Apples

Accompaniments: Assorted Breads (2), Butter (2), 1% Milk (2), Fresh Orange and Dessert

October 24th

Sweet and Sour Chicken
Broccoli
Diced Carrots

October 25th

Salisbury Steak with Gravy
Rice Pilaf
Diced Beets

Accompaniments: Assorted Breads (2), Butter (2), 1% Milk (2), Fresh Apple and Dessert



Nutrition Program

725-2791

for information or meal reservations
(Call by 12:30pm a day in advance)