

2026

September



Monday

Tuesday

Wednesday

Thursday

Friday

 - Due to National Supply Issues - Menus are Subject to Change.	1 Cheddarwurst Wheat Bun Chuckwagon Potatoes Cowboy Beans Peaches Chocolate Fluff	2 Stuffed Green Pepper Casserole Diced Carrots Italian Blend Vegetables Pears Princess Bar	3 Chicken Marsala Green Beans with Red Peppers Hubbard Squash Tropical Fruit Wheat Bread Shortbread Cookies	4 Scalloped Potatoes with Ham Mixed Vegetables Wheat Dinner Roll Cottage Cheese Ambrosia
7 	8 Salisbury Steak with Gravy Mashed Potatoes Cheesy Cauliflower Sunshine Fruit Wheat Dinner Roll Fig Bar	9 Sloppy Joe Wheat Bun Green Beans Dilled Carrots Peaches Butterscotch Pudding	10 Grilled Chicken Breast Maple Roasted Sweet Potatoes Creamed Spinach Wheat Dinner Roll Cinnamon Apples with Granola	11 Beef Taco Casserole Corn with Red Peppers Seasoned Black Beans Pineapple Peanut Butter Bar
14 Diced Chicken with Gravy Stewed Tomatoes Mashed Potatoes Whole Grain Biscuit Diced Pears Devil's Food Cake	15 Ham, Cheese, and Vegetable Frittata Breakfast Potatoes Warm Applesauce Fresh Orange String Cheese Banana Muffin	16 Chicken Bowtie Alfredo Diced Carrots Steamed Broccoli Apple Slices with Peanut Butter	17 BBQ Meatballs Cheesy Potatoes Southern Baked Beans Tropical Fruit Wheat Bread Vanilla Pudding	18 Chicken with Cordon Bleu Sauce Peas Diced Beets Pineapple Tidbits Wheat Dinner Roll Oreo Cookies
21 Teriyaki Chicken over White Rice Diced Carrots Asian Vegetables Mandarin Oranges Fortune Cookies	22 Kansas City BBQ Riblet Baked Beans Garlic & Herb Diced Reds Fruit Cocktail Wheat Dinner Roll Rice Krispie Treat	23 Lemon Pesto Chicken Breast Potato Medley Green Beans Macaroni Salad Diced Peaches Donut Holes	24 Polish Sausage Wheat Bun Mixed Vegetables Broccoli Casserole Pears Blondie Brownie	25 New York Steak with Gravy Potatoes Au Gratin Scalloped Tomatoes Wheat Dinner Roll Applesauce Double Chocolate Cookie
28 Cheeseburger Wheat Bun German Potato Salad Seasoned Pinto Beans Mixed Fruit Pumpkin Fluff	29 Hawaiian Chicken Breast Glazed Yams Peas and Carrots Hawaiian Dinner Roll Tropical Fruit Cookie	30 Ketchup Meatloaf Ranch Mashed Potatoes Coleslaw Breadstick Warm Glazed Pineapple	 Elderly Nutrition Program 725-2791 for information or meal reservations (Call by 12:30pm a day in advance)	

WinnebagoCounty

Weekend Meals

September 2026

September 5th

Chef's Choice

Accompaniments: Assorted Breads (2), Butter (2), 1% Milk (2), Fresh Apple and Dessert

September 6th

Sweet and Sour Chicken
over Rice
Broccoli
Carrots

September 12th

Ketchup Meatloaf
Mashed Potatoes
Corn with Red Peppers

Accompaniments: Assorted Breads (2), Butter (2), 1% Milk (2), Fresh Apple and Dessert

September 13th

Penne Pasta with Meatballs
Broccoli
Cinnamon Apples

September 19th

Montreal Chicken
Maple Roasted Sweet Potatoes
Peas

Accompaniments: Assorted Breads (2), Butter (2), 1% Milk (2), Fresh Apple and Dessert

September 20th

Hamburger Au Jus
Rutabaga
Diced Carrots

September 26th

Salisbury Steak with Brown Gravy
Rice Pilaf
Diced Beets

Accompaniments: Assorted Breads (2), Butter (2), 1% Milk (2), Fresh Apple and Dessert

September 27th

Cheese Omelet
Flame Roasted Potatoes with Peppers
Apple Granola



Nutrition Program

725-2791

for information or meal reservations
(Call by 12:30pm a day in advance)