

February

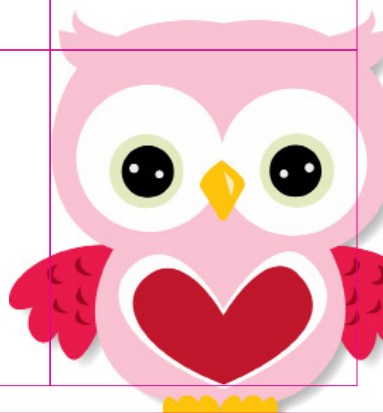
2026

Monday	Tuesday	Wednesday	Thursday	Friday
2 Shredded BBQ Pork Wheat Bun Chuckwagon Potatoes Texas Baked Beans Pears Cinnamon Cake	3 Beef Patty with Mushroom Gravy Garlic Chive Mashed Potatoes Diced Carrots Pineapple Tidbits Wheat Dinner Roll Shortbread Cookies	4 Chicken and Noodles Steamed Broccoli Mixed Vegetables Apple Slices with Peanut Butter	5 Honey Mustard Chicken Breast Glazed Yams Green Beans Peaches Wheat Bread Double Chocolate Cookie	6 Orange Chicken White Rice Asian Vegetables Toasted Sesame Slaw Sunshine Fruit Fortune Cookies
9 Chicken Pot Pie over a Biscuit Mixed Vegetables Diced Carrots Pineapple Cookie	10 Polish Sausage Wheat Bun BBQ Baked Beans Green Beans Fruit Cocktail Blondie Brownie	11 Meatballs in Marinara over Penne Pasta Steamed Broccoli Capri Vegetables Peaches Donut Holes	12 Kansas City Riblet Mashed Potatoes Creamed Corn Tropical Fruit Wheat Bread Vanilla Fluff	13 Salisbury Steak in Gravy Herbed Red Potatoes Dilled Carrots Pears Wheat Dinner Roll Valentine's Cookie
16 Lemon Pesto Chicken Breast Creamed Spinach Scalloped Tomatoes Applesauce Wheat Dinner Roll Rice Krispie Treat	17 Ketchup Meatloaf Loaded Mashed Potatoes Bean Trio Tropical Fruit Salad Wheat Bread Carnival Cookie	18 Minestrone Pasta Salad Peas Diced Carrots Cottage Cheese Pear Cobbler	19 Creamed Chicken in Gravy Mashed Potatoes Sweet and Sour Red Cabbage Breadstick Fruit Cocktail Oreo Cookies	20 Tuna Noodle Casserole Brussel Sprouts Corn Peaches Chocolate Fluff
23 Cheeseburger Wheat Bun German Potato Salad Peas Cinnamon Pears Ambrosia	24 Chicken Marsala Stewed Tomatoes Brown Rice Romaine Salad Salad Dressing Apples with Granola	25 Sloppy Joe Wheat Bun Cheesy Potatoes Diced Carrots Mixed Fruit Lemon Pudding	26 BBQ Meatballs Cowboy Baked Beans Parslied Red Potatoes Applesauce Wheat Dinner Roll Chocolate Chip Cookie	27 Vegetarian Three Bean Chili Mac Green Beans String Cheese Crackers Warm Glazed Pineapple



- Due to National Supply Issues -
 Menus are Subject
 to Change.

ADVOCAP
 Helping People Help Themselves
 Elderly Nutrition Program
 725-2791
 for information or meal
 reservations
 (Call by 12:30pm a day in advance)



Winnebago County

Weekend Meals

February 2026

January 31st

Chef's Choice

Accompaniments: Assorted Breads (2), Butter (2), 1% Milk (2), Fresh Apple, and Dessert

February 1st

Kansas City Riblet
Brown Sugar Mashed Potatoes
Baked Beans

February 7th

Hamburger Au Jus
Diced Carrots
Rutabaga

Accompaniments: Assorted Breads (2), Butter (2), 1% Milk (2), Fresh Orange, and Dessert

February 8th

Crispy Chicken with Gravy
Tater Puffs
Green Beans

February 14th

Turkey with Gravy
Mashed Potatoes
Green Beans Almondine

Accompaniments: Assorted Breads (2), Butter (2), 1% Milk (2), Fresh Apple, and Dessert

February 15th

Cheese Tortellini with Alfredo Sauce
Broccoli
Diced Carrots

February 21st

Western Omelet
Roasted Potatoes with Peppers and Onions
Apple Granola

Accompaniments: Assorted Breads (2), Butter (2), 1% Milk (2), Fresh Orange, and Dessert

February 22nd

Montreal Chicken
Maple Roasted Sweet Potatoes
Peas



Nutrition Program

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