



January 2026

Monday

Tuesday

Wednesday

Thursday

Friday

 <p>- Due to National Supply Issues - Menus are Subject to Change.</p>	 <p>Elderly Nutrition Program 725-2791 for information or meal reservations (Call by 12:30pm a day in advance)</p>		<p>1</p> <p>NEW YEAR'S HOLIDAY</p>	<p>2</p> <p>Lemon Pesto Chicken Breast Creamed Spinach Herbed Potatoes Wheat Dinner Roll Pears Shortbread Cookies</p>
<p>5</p> <p>Bratwurst Wheat Bun Calico Beans Sauerkraut Potato Salad Cold Spiced Peaches</p>	<p>6</p> <p>Salisbury Steak in Gravy Mashed Potatoes Corn Sunshine Fruit Salad Wheat Dinner Roll Donut Holes</p>	<p>7</p> <p>Creamy Chicken Pasta Diced Carrots Green Beans Mixed Fruit Vanilla Pudding</p>	<p>8</p> <p>BBQ Meatballs Peas and Carrots Glazed Yams Pineapple Honey Kissed Cornbread Cinnamon Streusel Cake</p>	<p>9</p> <p>Scalloped Potatoes & Ham Mixed Vegetables Romaine Salad Salad Dressing Warm Cinnamon Applesauce Wheat Dinner Roll</p>
<p>12</p> <p>Ketchup Meatloaf Twice Baked Whipped Potatoes Green Beans Pears Wheat Dinner Roll Oreo Cookies</p>	<p>13</p> <p>Diced Chicken with Gravy Steamed Broccoli Cooked Baby Carrots Tropical Fruit Wheat Bread Butterscotch Pudding</p>	<p>14</p> <p>Kansas City Riblet Brown Sugar Mashed Sweet Potatoes Peas Pineapple and Mangoes Wheat Dinner Roll Princess Bar</p>	<p>15</p> <p>New York Steak in Brown Gravy Parslied Potatoes Baked Beans Peaches Wheat Bread Cookie</p>	<p>16</p> <p>Cheese Omelet Potatoes O'Brien Warm Applesauce Fresh Pear Blueberry Muffin Strawberry Banana Yogurt</p>
<p>19</p> <p>All Beef Hot Dog Wheat Bun Baked Beans Steamed Broccoli Tropical Fruit Chocolate Fluff</p>	<p>20</p> <p>Hawaiian Chicken Breast Maple Roasted Sweet Potatoes Peas Hawaiian Dinner Roll Pears Rice Krispie Treat</p>	<p>21</p> <p>Pizza Pasta Diced Carrots Green Beans Peaches String Cheese Cookies and Cream Cake</p>	<p>22</p> <p>Cheeseburger Wheat Bun Cheesy Potatoes Brussel Sprouts Fruit Cocktail Lemon Pudding</p>	<p>23</p> <p>Sweet and Sour Meatballs White Rice Capri Vegetables Asian Slaw Pineapple Fortune Cookies</p>
<p>26</p> <p>Bowties with Meat Sauce Italian Blend Vegetables Corn Cottage Cheese Warm Cinnamon Applesauce</p>	<p>27</p> <p>Roasted Turkey with Gravy Mashed Potatoes Scalloped Tomatoes Tropical Fruit Wheat Bread Peanut Butter Bar</p>	<p>28</p> <p>Stuffed Green Pepper Casserole Romaine Salad Salad Dressing Mixed Vegetables Warm Spiced Pears</p>	<p>29</p> <p>Taco Meat Flour Tortillas Fajita Vegetables Seasoned Black Beans Shredded Cheese Mandarin Oranges Churro Cookie</p>	<p>30</p> <p>Old Fashioned Egg Salad Wheat Bun Diced Carrots Peas Peach Cobbler</p>

Winnebago County

Weekend Meals

January 2026

January 3rd

Chef's Choice

January 4th

Pollock Strips
Mixed Vegetables
Parslied Potatoes

Accompaniments: Assorted Breads (2), Butter (2), 1% Milk (2), Fresh Apple and Dessert

January 10th

Hamburger Au Jus
Rutabaga
Diced Carrots

January 11th

Montreal Chicken
Maple Roasted Sweet Potatoes
Peas

Accompaniments: Assorted Breads (2), Butter (2), 1% Milk (2), Fresh Orange and Dessert

January 17th

Salisbury Steak with Brown Gravy
Rice Pilaf
Diced Beets

January 18th

Homemade Mac & Cheese
Peas
Cherry Crumble

Accompaniments: Assorted Breads (2), Butter (2), 1% Milk (2), Fresh Apple and Dessert

January 24th

BBQ Chicken
Homemade Mac & Cheese
Cinnamon Apples

January 25th

Ketchup Meatloaf
Mashed Potatoes
Corn with Red Peppers

Accompaniments: Assorted Breads (2), Butter (2), 1% Milk (2), Fresh Orange and Dessert



Nutrition Program

725-2791

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