



# January 2026

Monday

Tuesday

Wednesday

Thursday

Friday

 <p>- Due to National Supply Issues - Menus are Subject to Change.</p>	 <p>Elderly Nutrition Program 725-2791 for information or meal reservations (Call by 12:30pm a day in advance)</p>		<b>1</b> NEW YEAR'S HOLIDAY	<b>2</b> Lemon Pesto Chicken Breast Creamed Spinach Herbed Potatoes Wheat Dinner Roll Pears Shortbread Cookies
5 Bratwurst Wheat Bun Calico Beans Sauerkraut Potato Salad Cold Spiced Peaches	6 Salisbury Steak in Gravy Mashed Potatoes Corn Sunshine Fruit Salad Wheat Dinner Roll Donut Holes	7 Creamy Chicken Pasta Diced Carrots Green Beans Mixed Fruit Vanilla Pudding	8 BBQ Meatballs Peas and Carrots Glazed Yams Pineapple Honey Kissed Cornbread Cinnamon Streusel Cake	9 Scalloped Potatoes & Ham Mixed Vegetables Romaine Salad Salad Dressing Warm Cinnamon Applesauce Wheat Dinner Roll
12 Ketchup Meatloaf Twice Baked Whipped Potatoes Green Beans Pears Wheat Dinner Roll Oreo Cookies	13 Diced Chicken with Gravy Steamed Broccoli Cooked Baby Carrots Tropical Fruit Wheat Bread Butterscotch Pudding	14 Kansas City Riblet Brown Sugar Mashed Sweet Potatoes Peas Pineapple and Mangoes Wheat Dinner Roll Princess Bar	15 New York Steak in Brown Gravy Parslied Potatoes Baked Beans Peaches Wheat Bread Cookie	16 Cheese Omelet Potatoes O'Brien Warm Applesauce Fresh Pear Blueberry Muffin Strawberry Banana Yogurt
19 All Beef Hot Dog Wheat Bun Baked Beans Steamed Broccoli Tropical Fruit Chocolate Fluff	20 Hawaiian Chicken Breast Maple Roasted Sweet Potatoes Peas Hawaiian Dinner Roll Pears Rice Krispie Treat	21 Pizza Pasta Diced Carrots Green Beans Peaches String Cheese Cookies and Cream Cake	22 Cheeseburger Wheat Bun Cheesy Potatoes Brussel Sprouts Fruit Cocktail Lemon Pudding	23 Sweet and Sour Meatballs White Rice Capri Vegetables Asian Slaw Pineapple Fortune Cookies
26 Bowties with Meat Sauce Italian Blend Vegetables Corn Cottage Cheese Warm Cinnamon Applesauce	27 Roasted Turkey with Gravy Mashed Potatoes Scalloped Tomatoes Tropical Fruit Wheat Bread Peanut Butter Bar	28 Stuffed Green Pepper Casserole Romaine Salad Salad Dressing Mixed Vegetables Warm Spiced Pears	29 Taco Meat Flour Tortillas Fajita Vegetables Seasoned Black Beans Shredded Cheese Mandarin Oranges Churro Cookie	30 Old Fashioned Egg Salad Wheat Bun Diced Carrots Peas Peach Cobbler

# Winnebago County

## Weekend Meals

### January 2026

#### January 3rd

Chef's Choice

#### January 4th

Pollock Strips  
Mixed Vegetables  
Parslied Potatoes

Accompaniments: Assorted Breads (2), Butter (2), 1% Milk (2), Fresh Apple and Dessert

#### January 10th

Hamburger Au Jus  
Rutabaga  
Diced Carrots

#### January 11th

Montreal Chicken  
Maple Roasted Sweet Potatoes  
Peas

Accompaniments: Assorted Breads (2), Butter (2), 1% Milk (2), Fresh Orange and Dessert

#### January 17th

Salisbury Steak with Brown Gravy  
Rice Pilaf  
Diced Beets

#### January 18th

Homemade Mac & Cheese  
Peas  
Cherry Crumble

Accompaniments: Assorted Breads (2), Butter (2), 1% Milk (2), Fresh Apple and Dessert

#### January 24th

BBQ Chicken  
Homemade Mac & Cheese  
Cinnamon Apples

#### January 25th

Ketchup Meatloaf  
Mashed Potatoes  
Corn with Red Peppers

Accompaniments: Assorted Breads (2), Butter (2), 1% Milk (2), Fresh Orange and Dessert



Nutrition Program

725-2791

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