

2025

# September



Monday

Tuesday

Wednesday

Thursday

Friday

|   |  |  |  |  |
|---|--|--|--|--|
| 1<br>   | 2<br>All Beef Hot Dog<br>Wheat Bun<br>Garlic & Butter<br>Diced Reds<br>Baked Beans<br>Peaches<br>Chocolate Fluff                         | 3<br>Beef Ziti<br>with Ricotta<br>Steamed Broccoli<br>Diced Carrots<br>Fresh Pear<br>Cherry Yogurt   | 4<br>Chicken Marsala<br>Green Beans<br>with Red Peppers<br>Hubbard Squash<br>Tropical Fruit<br>Wheat Bread<br>Blondie Brownie              | 5<br>Scalloped Potatoes<br>with Ham<br>Mixed Vegetables<br>Corn<br>Wheat Dinner Roll<br>Cottage Cheese<br>Ambrosia |
| 8<br>Ketchup Meatloaf<br>Ranch<br>Mashed Potatoes<br>Coleslaw<br>Wheat Bread<br>Warm Glazed<br>Pineapple                                    | 9<br>Kansas City BBQ<br>Riblet<br>German Potato<br>Salad<br>Brussel Sprouts<br>Fruit Cocktail<br>Wheat Dinner Roll<br>Shortbread Cookies | 10<br>Sloppy Joe<br>Wheat Bun<br>Green Beans<br>Dilled Carrots<br>Cinnamon Pears<br>Lemon Fluff  | 11<br>Grilled Chicken Breast<br>Maple Roasted Sweet<br>Potatoes<br>Creamed Spinach<br>Wheat Dinner Roll<br>Cinnamon Apples<br>with Granola | 12<br>Beef Taco Casserole<br>Corn<br>Seasoned Black<br>Beans<br>Diced Peaches<br>Chocolate Chip<br>Cookie          |
| 15<br>Diced Chicken<br>with Gravy<br>Stewed Tomatoes<br>Mashed Potatoes<br>Whole Grain Biscuit<br>Diced Pears<br>Double Chocolate<br>Cookie | 16<br>Ham, Cheese, and<br>Vegetable Frittata<br>Breakfast Potatoes<br>Warm Applesauce<br>Fresh Orange<br>String Cheese<br>Muffin         | 17<br>Chicken Spinach<br>Alfredo Pasta<br>Diced Carrots<br>Steamed Broccoli<br>Spiced Peaches<br>Princess Bar  | 18<br>BBQ Meatballs<br>Cheesy Potatoes<br>Baked Beans<br>Fruit Cocktail<br>Wheat Bread<br>Vanilla Pudding                                  | 19<br>Cheesy Corn and<br>Ham Casserole<br>Green Beans<br>Pineapple Tidbits<br>Wheat Dinner Roll<br>Oreo Cookies    |
| 22<br>Roasted Turkey<br>with Gravy<br>Stuffing<br>Corn<br>Romaine Salad<br>Salad Dressing<br>Cranberry Sauce                                | 23<br>Salisbury Steak<br>with Gravy<br>Mashed Potatoes<br>Cheesy Cauliflower<br>Diced Peaches<br>Wheat Dinner Roll<br>Rice Krispie Treat | 24<br>Lemon Pesto<br>Chicken Breast<br>Mashed Sweet<br>Potatoes<br>Diced Beets<br>Breadstick<br>Pineapple<br>Chocolate Fluff   | 25<br>Polish Sausage<br>Wheat Bun<br>Mixed Vegetables<br>Cowboy Beans<br>Pears<br>Peanut Butter Bar  | 26<br>Swedish Meatballs<br>over Egg Noodles<br>Rutabaga<br>Diced Carrots<br>Applesauce<br>Sugar Cookie             |
| 29<br>Beef Patty<br>with Cheese<br>Wheat Bun<br>Red Potatoes<br>BBQ Baked Beans<br>Mixed Fruit<br>Pumpkin Fluff                             | 30<br>Hawaiian Chicken<br>Breast<br>Glazed Yams<br>Peas and Carrots<br>Hawaiian Dinner Roll<br>Tropical Fruit<br>Carnival Cookie         | <br>- Due to National Supply Issues -<br><b>Menus are<br/>Subject to Change</b>   |  |  |
|   |  | <br><b>Elderly Nutrition Program</b><br><b>725-2791</b><br>for information or meal reservations<br>(Call by 12:30pm a day in advance) |  |  |

# WinnebagoCounty

## Weekend Meals

### September 2025

September 6<sup>th</sup>

Chef's Choice

September 7<sup>th</sup>

Hamburger Au Jus  
Rutabaga  
Diced Carrots

Accompaniments: Assorted Breads (2), Butter (2), 1% Milk (2), Fresh Orange and Des-

September 13<sup>th</sup>

Pollock Strips  
Parslied Potatoes  
Mixed Vegetables

September 14<sup>th</sup>

Penne Pasta with Meatballs  
Broccoli  
Cinnamon Apples

Accompaniments: Assorted Breads (2), Butter (2), 1% Milk (2), Fresh Apple and Des-

September 20<sup>th</sup>

Montreal Chicken  
Maple Roasted Sweet Potatoes  
Peas

September 21<sup>st</sup>

Ketchup Meatloaf  
Mashed Potatoes  
Corn with Red Peppers

Accompaniments: Assorted Breads (2), Butter (2), 1% Milk (2), Fresh Orange and Des-

September 27<sup>th</sup>

Kansas City Riblet  
Brown Sugar Mashed Sweet Potatoes  
Baked Beans

September 28<sup>th</sup>

Cheese Omelet  
Flame Roasted Potatoes with Peppers  
Apple Granola

Accompaniments: Assorted Breads (2), Butter (2), 1% Milk (2), Fresh Apple and Des-



Nutrition Program

725-2791

for information or meal reservations  
(Call by 12:30pm a day in advance)