

# February 2024


Monday

Tuesday

Wednesday

Thursday

Friday



- Due to National Supply Issues -  
Menus are Subject to Change.



Elderly Nutrition Program  
725-2791  
for information or meal reservations  
(Call by 12:30pm a day in advance)

**1**  
Scalloped Potatoes with Ham  
Corn  
Warm Spiced Peaches  
Wheat Dinner Roll  
Tapioca Pudding

**2**  
BBQ Meatballs  
Glazed Yams  
Seasoned Black Beans  
Pineapple  
Wheat Bread  
Yellow Cake

**5**  
Kansas City Riblet  
Potatoes au Gratin  
Mixed Vegetables  
Tropical Fruit Salad  
Wheat Dinner Roll  
Chocolate Chip Cookie

**6**  
Sweet and Sour Chicken over Rice  
Diced Carrots  
Sesame Broccoli Salad  
Mandarin Oranges with Pineapple  
Fortune Cookie

**7**  
Swedish Meatballs over Egg Noodles  
Corn  
Three Bean Salad  
Mixed Fruit  
Butterscotch Pudding

**8**  
Beef Patty with Mushroom Gravy  
Rutabaga  
Scalloped Tomatoes  
Pears  
Wheat Bread  
Peanut Butter Cookie

**9**  
All Beef Frank  
Wheat Bun  
Vegetarian Baked Beans  
Warm Potato Salad  
Applesauce  
Lemon Fluff

**12**  
Chicken with Gravy  
Mashed Potatoes  
Peas  
Diced Peaches  
Wheat Dinner Roll  
Raisin Rice Pudding

**13**  
Shredded BBQ Pork  
Wheat Bun  
Cheesy Potatoes  
Creamy Coleslaw  
Warm Spiced Pears  
Chocolate Pudding

**14**  
Egg Salad  
Wheat Bun  
Diced Beets  
Green Beans  
Tropical Fruit  
Valentine's Sprinkle Cookie

**15**  
Chicken Marsala  
Stewed Tomatoes  
Rice Pilaf  
Romaine Salad  
Salad Dressing  
Apples with Granola

**16**  
Tuna Noodle Casserole  
Diced Carrots  
Pea Salad  
Warm Fruit Crisp

**19**  
Roasted Turkey in Gravy  
Hubbard Squash  
Green Beans  
Wheat Bread  
Cranberry Sauce

**20**  
Ketchup Meatloaf  
Mashed Potatoes  
Corn  
Mixed Fruit  
Wheat Bread  
Devil's Food Cake

**21**  
Bratwurst  
Wheat Bun  
Sauerkraut  
Parslied Red Potatoes  
Tropical Fruit Salad  
Banana Pudding

**22**  
BBQ Chicken Breast  
Seasoned Pinto Beans  
Steamed Broccoli  
Fruit Cocktail  
Wheat Dinner Roll  
Sugar Cookie

**23**  
Cheese Omelet  
Maple Roasted Sweet Potatoes  
Warm Applesauce  
Fresh Orange  
Blueberry Muffin

**26**  
Hamburger  
American Cheese  
Wheat Bun  
German Potato Salad  
Peas & Carrots  
Pears  
Chocolate Fluff

**27**  
Montreal Chicken  
Mashed Sweet Potatoes  
Romaine Salad  
Salad Dressing  
Wheat Dinner Roll  
Peach Cobbler

**28**  
Sloppy Joe  
Wheat Bun  
Chuckwagon Potatoes  
Baked Beans  
Pineapple Tidbits  
Donut Holes

**29**  
Meatballs over Penne Pasta with Marinara  
Diced Carrots  
Warm Cinnamon Apples





Nutrition Program

725-2791

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# Winnebago County

## Weekend Meals

# February 2024

### February 3th

Chef's Choice

Accompaniments: Assorted Breads (2), Butter (2), 1% Milk (2), Fresh Apple, and Dessert

### February 4th

Chicken Pot Pie over Biscuit  
Diced Carrots  
Mixed Fruit Compote

### February 10th

Turkey with Gravy  
Mashed Potatoes  
Green Beans Almondine

Accompaniments: Assorted Breads (2), Butter (2), 1% Milk (2), Fresh Orange, and Dessert

### February 11th

Cheese Omelet  
Roasted Potatoes with Peppers and Onions  
Apple Granola

### February 17th

Kansas City Riblet  
Brown Sugar Mashed Potatoes  
Baked Beans

Accompaniments: Assorted Breads (2), Butter (2), 1% Milk (2), Fresh Apple, and Dessert

### February 18th

Cheese Tortellini with Alfredo Sauce  
Broccoli  
Diced Carrots

### February 24th

Crispy Chicken with Gravy  
Tater Puffs  
Green Beans

Accompaniments: Assorted Breads (2), Butter (2), 1% Milk (2), Fresh Orange, and Dessert

### February 25th

Pollock Strips  
Parsley Roasted Potatoes  
Mixed Vegetables