



January 2024

Monday

Tuesday

Wednesday

Thursday

Friday

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|--|---|--|---|--|
|  <p>Elderly Nutrition Program 725-2791 for information or meal reservations (Call by 12:30pm a day in advance)</p> | <p>2 BBQ Chicken Breast Steamed Broccoli Corn Sunshine Fruit Salad Wheat Dinner Roll Donut Holes</p> | <p>3 All Beef Frank Wheat Bun Baked Beans Coleslaw Peaches Oatmeal Raisin Cookie</p> | <p>4 Lemon Pesto Chicken Mashed Potatoes Stewed Tomatoes Pineapple Wheat Dinner Roll Chocolate Pudding</p> | <p>5 Tuna Noodle Casserole Diced Carrots Pea Salad Blueberry Buckle</p> |
| <p>8 Western Frittata Breakfast Potatoes Warm Applesauce Fresh Orange Blueberry Muffin</p> | <p>9 Meatballs over Penne Pasta with Marinara Sauce Romaine Salad Salad Dressing Cinnamon Apples with Granola</p> | <p>10 BBQ Riblet Sweet 'n Sour Cabbage Corn Peaches Bread Pudding</p> | <p>11 Chicken with Gravy Mashed Potatoes Steamed Broccoli Coleslaw Wheat Bread Cranberry Sauce</p> | <p>12 Montreal Chicken Breast Mashed Sweet Potatoes Baked Beans Pineapple Cornbread Banana Pudding</p> |
| <p>15 No Meal Service</p> | <p>16 New York Steak in Gravy Rutabaga Glazed Yams Pineapple Wheat Bread Chocolate Chip Cookie</p> | <p>17 Honey Mustard Chicken Breast Seasoned Black Beans Peas and Carrots Peaches Wheat Dinner Roll Lemon Fluff</p> | <p>18 Macaroni and Ham Salad String Cheese Green Beans Corn Warm Pear Cobbler</p> | <p>19 Sloppy Joe Wheat Bun Parslied Potatoes Marinated Tomato Salad Tropical Fruit Oatmeal Raisin Cookie</p> |
| <p>22 Brat Wheat Bun Sauerkraut Potatoes O'Brien Pears Devil's Food Cake</p> | <p>23 Turkey ala King Biscuit Steamed Broccoli Applesauce Pineapple Coconut Pudding</p> | <p>24 Shredded BBQ Pork Wheat Bun Seasoned Black Beans Coleslaw Warm Fruit Crisp</p> | <p>25 Swedish Meatballs over Egg Noodles Dilled Peas Carrot Raisin Salad Tropical Fruit Peanut Butter Cookie</p> | <p>26 Chili Macaroni Casserole Corn Diced Carrots Sunshine Fruit Tapioca Pudding</p> |
| <p>29 Salisbury Steak with Gravy Rice Pilaf Scalloped Tomatoes Romaine Salad Salad Dressing Peaches Rice Pudding</p> | <p>30 Chicken Cacciatore Buttered Noodles Peas Marinated Vegetable Salad Mixed Fruit Vanilla Pudding</p> | <p>31 Hamburger American Cheese Wheat Bun Baked Beans Potato Salad Apple Cobbler</p> |  <p>Due to National Supply Issues - Menus are Subject to Change.</p> |  |



Nutrition Program

725-2791

for information or meal reservations
(Call by 12:30pm a day in advance)

Winnebago County

Weekend Meals

January 2024

January 6th

Chef's Choice

January 7th

Salisbury Steak with Gravy
Diced Beets
Rice Pilaf

Accompaniments: Assorted Breads (2), Butter (2), 1% Milk (2), Fresh Apple and Dessert

January 13th

Swedish Meatballs
over Egg Noodles
Peas
Diced Carrots

January 14th

Western Omelet
Potatoes with Peppers and Onions
Apple Granola

Accompaniments: Assorted Breads (2), Butter (2), 1% Milk (2), Fresh Orange and Dessert

January 20th

Turkey with Gravy
Mashed Potatoes
Green Bean Almondine

January 21st

Penne Pasta with Marinara
and Meatballs
Broccoli
Cinnamon Apples

Accompaniments: Assorted Breads (2), Butter (2), 1% Milk (2), Fresh Apple and Dessert

January 27th

BBQ Chicken Breast
Homemade Mac & Cheese
Cinnamon Apples

January 28th

Hamburger Au Jus
Rutabaga
Diced Carrots

Accompaniments: Assorted Breads (2), Butter (2), 1% Milk (2), Fresh Orange and Dessert