

Pickett Community Center Menu





* Menus are subject to change without notice, depending on food availability. *

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
Honey Baked Chicken	Brat w/ Bun	Ham	Beef Tips	Baked Haddock
Spinach Salad	German Potato Salad	Sweet Potato	Mashed Potatoes	Herb Roasted Potatoes
Yellow Beans	4 Bean Salad	Broccoli	4-Way Vegetables	Peas & Carrots
Fresh Apple	Pears	Tropical Fruit	Apple Cake	Fresh Fruit Cup
	Chocolate Chip Bars			
9	10	11	12	13
· ·	Tater Tot Casserole			
Porcupine Meatballs		Hot Dog w/ Bun	Salisbury Steak	Chili Mango Chicken
Spinach / Kale Salad	w/ Green Beans	Peas & Mushrooms	Mashed Potatoes	Baked Potato
Baked Sweet Potato	Carrots	Baked Beans	California Blend Vegetables	Broccoli
Tropical Fruit	Orange Jell-O w/ Pears	Fresh Fruit	Orange Juice	Pineapple
			Peanut Butter Cookie	
16	17	18	19	20
Chicken Maryland	Ham Salad Sandwich	Cheddar Salisbury Steak	Spaghetti & Meatballs	Honey Pork Cutlet
Baby Red Potatoes	Cole Slaw	Baked Potato	Corn w/ Red Peppers	Baked Sweet Potato
California Blend Vegetables	Lettuce Salad	Spinach Salad	Garlic Bread	Baked Beans
Fruit Cocktail	Pineapple		Pound Cake	Applesauce
	Lemon Bars		w/ Strawberries	
23	24	25	26	27
Meatloaf	Hungarian Goulash	Sloppy Joes w/ Bun	Cordon Bleu Casserole	Pulled Pork Sandwich
Scalloped Potatoes	w/ Pasta	Macaroni Salad	Mixed Lettuce Greens	Sweet Potato
Diced Beets	Peas	Baked Beans	Yellow Beans	Broccoli & Cauliflower
Pears	Fruit Coctail	Fresh Apple	Orange	Fresh Grapes
			Spice Cake	·
30	31			
	Ŭ.			63
Chicken Breast Sandwich Baby Red Potatoes	Baked Potato	AF	WOCAP	
Squash	Red Cabbage	"Helping	People Help Themselves"	1 E 1 1/3
Applesauce	Fresh Cutie Orange	Nutrition Pro		ppy
		For Information or meal reservations (Call by 12:30pm a day in advance)		



Nutrition Program 725-2791

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WinnebagoCounty Weekend Meals

October 2023

September 30th

Chef's Choice

October 1st

Sweet and Sour Chicken Broccoli Diced Carrots

Accompaniments: Assorted Breads (2), Butter (2), 1% Milk (2), Fresh Apple and Dessert

October 7th

Cheese Tortellini with Alfredo Sauce Broccoli Diced Carrots

October 8th

Crispy Chicken with Gravy Tater Puffs Green Beans

Accompaniments: Assorted Breads (2), Butter (2), 1% Milk (2), Fresh Orange and Dessert

October 14th

Pollock Strips Parslied Potatoes Mixed Vegetables

October 15th

BBQ Chicken Breast Mac and Cheese Cinnamon Apples

Accompaniments: Assorted Breads (2), Butter (2), 1% Milk (2), Fresh Apple and Dessert

October 21st

Beef Patty with Mushroom Gravy Garlic Mashed Potatoes Capri Vegetables

October 22nd

Turkey with Gravy Mashed Potatoes Green Beans Almondine

Accompaniments: Assorted Breads (2), Butter (2), 1% Milk (2), Fresh Orange and Dessert

October 28th

Salisbury Steak with Gravy Rice Pilaf Diced Beets

October 29th

Kansas City BBQ Riblet Mached Sweet Potatoes Baked Beans

Accompaniments: Assorted Breads (2), Butter (2), 1% Milk (2), Fresh Apple and Dessert