

## Monday

## Tuesday

## Wednesday

## Thursday

## Friday

 <p>- Due to National Supply Issues - Menus are Subject to Change.</p>		<p><b>1</b></p> <p>Baked Ziti with Meatsauce Diced Carrots Warm Cinnamon Apples</p>	<p><b>2</b></p> <p>Cheeseburger Wheat Bun German Potato Salad Capri Vegetables Diced Peaches Tapioca Pudding</p>	<p><b>3</b></p> <p>Vegetarian Three Bean Chili Hard Boiled Egg String Cheese Fresh Orange Crackers Maple Pecan Bread Pudding</p>
<p><b>6</b></p> <p>Chicken Cacciatore Rice Mixed Vegetables Diced Pears Chocolate Pudding</p>	<p><b>7</b></p> <p>Meatballs in Gravy Mashed Potatoes Diced Beets Wheat Dinner Roll Fruit Cocktail Peanut Butter Cookie</p>	<p><b>8</b></p> <p>Creamy Chicken Pasta Bake Sweet and Sour Red Cabbage Steamed Broccoli Marinated Tomato Salad Devil's Food Cake</p>	<p><b>9</b></p> <p>Sloppy Joe Wheat Bun Seasoned Black Beans Corn Pineapple Tidbits Donut Holes</p>	<p><b>10</b></p> <p>Tuna Noodle Casserole Diced Carrots Pea Salad Blueberry Buckle</p>
<p><b>13</b></p> <p>Chicken with Gravy Mashed Potatoes Dilled Carrots Pears Wheat Dinner Roll Butterscotch Pudding</p>	<p><b>14</b></p> <p>Pulled Pork Wheat Bun Mixed Vegetables Steamed Cauliflower Applesauce Banana Pudding</p>	<p><b>15</b></p> <p>Chicken Pot Pie Warm Biscuit Steamed Broccoli Sweet Corn Salad Tropical Fruit Blondie Brownie</p>	<p><b>16</b></p> <p>Kansas City Riblet Creamy Coleslaw BBQ Beans Wheat Dinner Roll Warm Fruit Crisp</p>	<p><b>17</b></p> <p>Homemade Mac and Cheese Stewed Tomatoes Green Beans Apple Slices with Peanut Butter</p>
<p><b>20</b></p> <p>Salisbury Steak in Gravy Mashed Potatoes Steamed Baby Carrots Cheddar Broccoli Salad Wheat Dinner Roll Ambrosia</p>	<p><b>21</b></p> <p>Honey Mustard Chicken Breast Brown Rice Pilaf Green Beans Romaine Salad Salad Dressing Pineapple &amp; Mangoes Oatmeal Cookie</p>	<p><b>22</b></p> <p>Ham Tetrazzini Peas Diced Beets Peaches Poke Cake</p>	<p><b>23</b></p> <p>Bratwurst Wheat Bun Sauerkraut Baked Beans Parslied Red Potatoes Lemon Fluff</p>	<p><b>24</b></p> <p>Cheese Omelet Maple Roasted Sweet Potatoes Warm Spiced Pears Fresh Orange Breakfast Muffin</p>
<p><b>27</b></p> <p>Ketchup Meatloaf Mashed Potatoes Steamed Broccoli Wheat Bread Mixed Fruit Yellow Cake</p>	<p><b>28</b></p> <p>Roasted Turkey in Gravy Peas Hubbard Squash Cranberry Sauce Wheat Dinner Roll Ring Donut</p>	<p><b>29</b></p> <p>Beef Patty with Mushroom Gravy Green Beans Cinnamon Glazed Carrots Romaine Salad Salad Dressing Wheat Dinner Roll Chocolate Fluff</p>	<p><b>30</b></p> <p>BBQ Chicken Breast Creamed Spinach Seasoned Black Beans Cornbread Cinnamon Apples with Granola</p>	<p><b>31</b></p> <p>No Meal Delivery</p>



Nutrition Program

725-2791

for information or meal reservations  
(Call by 12:30pm a day in advance)

# Winnebago County

## Weekend Meals

### March 2023

#### March 4<sup>th</sup>

Chef's Choice

#### March 5<sup>th</sup>

Salisbury Steak  
Rice Pilaf  
Diced Beets

Accompaniments: Assorted Breads (2), Butter (2), 1% Milk (2), Fresh Apple and Dessert

#### March 11<sup>th</sup>

Pollock Strips  
Parsley Roasted Potatoes  
Mixed Vegetables

#### March 12<sup>th</sup>

Sweet n' Sour Chicken over Steamed Rice  
Broccoli  
Carrots

Accompaniments: Assorted Breads (2), Butter (2), 1% Milk (2), Fresh Orange and Dessert

#### March 18<sup>th</sup>

Montreal Chicken  
Peas  
Maple Roasted Sweet Potatoes

#### March 19<sup>th</sup>

Catsup Meatloaf  
Mashed Potatoes  
Corn with Red Peppers

Accompaniments: Assorted Breads (2), Butter (2), 1% Milk (2), Fresh Apple and Dessert

#### March 25<sup>th</sup>

Chicken Marsala  
Rice Pilaf  
Capri Vegetables

#### March 26<sup>th</sup>

Swedish Meatballs with Pasta  
Diced Carrots  
Peas

Accompaniments: Assorted Breads (2), Butter (2), 1% Milk (2), Fresh Orange and Dessert