



# Food & Nutrition Program

*Providing opportunities for seniors to enjoy a well-balanced meal since 1974. Proudly serving Winnebago County.*

The program offers two options for seniors to receive a hot nutritious meal. Meals are served in a pleasant social setting at one of our nine congregate meal sites or we can deliver a meal to you if you are homebound.

## Eligibility

Any person, or someone married to a person, 60 years of age or older may be served at a meal site. All disabled residents living in a facility where a meal site is located are eligible regardless of age.

## Home Delivered Meals

Meals are provided to those who qualify and who are unable to attend a meal site. Spouses are also able to receive home delivered meals. This service enables homebound or disabled seniors to continue living at home with dignity.

## Meals

Each meal offers one-third of the Recommended Daily Intake for seniors. No special diets are available, however, food is prepared with no added salt.

## Cost

Contributions are voluntary, yet essential to sustain the program. Each person is asked to contribute as much as they can afford. NOTE: The FoodShare Program's Quest Card may be used to make your contribution.

## Reservations

Reservations may be made at any of the meal sites listed in this brochure or by calling the office at 920-725-2791. Reservations and cancellations are due by 12:30 p.m. the day prior to services. Please call earlier if possible.

## Volunteers

In order to serve daily meals, volunteers are needed to work as servers, meal deliverers, hosts, and to perform many other tasks. Please help if you can.

Join us at one of our 9 meal sites for:

OR

We can bring a meal to your home:

- ◆ A Nutritious Meal
- ◆ Socialization
- ◆ Free Nutrition Screening
- ◆ Educational & Recreational Programs

- ◆ Good nutrition
- ◆ Enabling you to stay at home
- ◆ A regular visitor for security



## Meal Site Locations

### Oshkosh

**Court Tower** Monday-Friday  
100 Court Street 11:00 -12:00 PM  
920-420-1994

**Heritage Court** Monday-Friday  
600 W Packer Avenue 11:30 AM  
920-379-5006

**Mainview Apartments** Monday-Friday  
530 N Main Street 11:30 AM  
920-410-0252

**Marian Manor** Monday-Friday  
600 Merritt Avenue 11:30 AM  
920-410-0253

**Oshkosh Seniors Center** Monday-Friday  
200 N Campbell Road 11:30 AM  
920-420-3191

### Menasha

**Menasha Senior Center** Monday-Friday  
116 Main Street 11:30 AM  
920-450-5122

### Omro

**Fox View Manor** Monday-Friday  
330 W Main Street 11:30 AM  
920-420-0347

### Pickett

**Pickett Community Center** Monday-Friday  
6687 State Rd 44 11:30 AM  
920-589-6111

### Winneconne

**Riverside Apartment** Monday-Friday  
101 N Second Street 11:00 AM  
920-517-0950

Funding for ADVOCAP's Food & Nutrition Program is provided in part, by the following;

**US Dept of Health & Human Services**  
State of Wisconsin, Winnebago County

**Oshkosh Area Community Foundation**

**City of Oshkosh**  
(Community Development Block Grant)

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(Community Development Block Grant)

**United Way Fox Cities**

### Senior Nutrition Office Contact

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