



Elderly Nutrition Program
725-2791
for information or meal
reservations

April

2023

Monday

Tuesday

Wednesday

Thursday

Friday

	 Due to National Supply Issues - Menus are Subject to Change.			
3 Lemon Pesto Chicken Mashed Potatoes Scalloped Tomatoes Pineapple Tidbits Wheat Dinner Roll Chocolate Pudding	4 Western Omelet Breakfast Potatoes Warm Applesauce Fresh Orange Banana Muffin	5 Italian Goulash Steamed Broccoli Corn Sunshine Fruit Salad Oatmeal Raisin Cookie	6 All Beef Frank Wheat Bun Baked Beans Coleslaw Peaches Devil's Food Cake	7 Tuna Noodle Casserole Diced Carrots Pea Salad Blueberry Buckle
10 Sweet and Sour Chicken over Rice Capri Vegetables Sesame Broccoli Salad Pineapple Tidbits Fortune Cookie	11 Baked Ziti with Meat Sauce Diced Carrots Warm Cinnamon Apples	12 Beef Patty with Cheese Wheat Bun German Potato Salad Pinto Beans Diced Peaches Tapioca Pudding	13 Swedish Meatballs Mashed Potatoes Hubbard Squash Strawberries Wheat Dinner Roll White Cake	14 Chicken ala King Warm Biscuit Romaine Salad Salad Dressing Mixed Fruit Warm Apple Betty
17 Kansas City Riblet BBQ Beans Creamy Coleslaw Wheat Dinner Roll Warm Fruit Crisp	18 Ketchup Meatloaf Mashed Potatoes Steamed Broccoli Pears Wheat Bread Applesauce Cake	19 No Meal Service	20 Chicken Spinach Alfredo Pasta Bake Mixed Vegetables Tropical Fruit Butterscotch Pudding	21 Beef Patty with Mushroom Gravy Mashed Sweet Potatoes Green Beans Applesauce Wheat Dinner Roll Sugar Cookie
24 Sloppy Joe Wheat Bun Seasoned Black Beans Diced Carrots Pineapple and Mangoes Donut Holes	25 Roasted Turkey with Gravy Mashed Potatoes Pickled Beets Wheat Dinner Roll Cinnamon Apples with Granola	26 Stuffed Green Pepper Casserole Romaine Salad Salad Dressing Mixed Vegetables Warm Applesauce Raisin Rice Pudding	27 Macaroni and Ham Salad Cottage Cheese Green Beans Corn Warm Pear Cobbler	28 Cheese Omelet Maple Roasted Sweet Potatoes Warm Spiced Peaches Fresh Orange Breakfast Muffin



Nutrition Program

725-2791

for information or meal reservations
(Call by 12:30pm a day in advance)

Winnebago County

Weekend Meals

April 2023

April 1st

Chef's Choice

Accompaniments: Assorted Breads (2), Butter (2), 1% Milk (2), Fresh Apple and Dessert

April 2nd

BBQ Chicken Breast
Homemade Mac and Cheese
Cinnamon Apples

April 8th

Crispy Chicken with Gravy
Tater Puffs
Green Beans

Accompaniments: Assorted Breads (2), Butter (2), 1% Milk (2), Fresh Orange and Dessert

April 9th

Cheese Tortellini with Alfredo Sauce
Broccoli
Diced Carrots

April 15th

Turkey with Gravy
Mashed Potatoes
Green Beans Almondine

Accompaniments: Assorted Breads (2), Butter (2), 1% Milk (2), Fresh Apple and Dessert

April 16th

Montreal Chicken
Maple Roasted Sweet Potatoes
Peas

April 22nd

Cheese Omelet
Roasted Potatoes with Vegetables
Apple Granola

Accompaniments: Assorted Breads (2), Butter (2), 1% Milk (2), Fresh Orange and Dessert

April 23rd

Chicken Pot Pie over Biscuit
Diced Carrots
Mixed Fruit Compote

April 29th

Catsup Meatloaf
Mashed Potatoes
Whole Kernel Corn with Red Peppers

Accompaniments: Assorted Breads (2), Butter (2), 1% Milk (2), Fresh Apple and Dessert

April 30th

Sweet and Sour Chicken over Steamed Rice
Broccoli
Carrots